



Lincolnshire Runner Cross Country League 2018/19

www.lincolnshirerunner.com



Match 4

Ostlers Plantation, Woodhall Spa, 10/02/2019

U11s are aged 9 on match day or in school years 5 & 6.

U13s are in school years 7 & 8.

Senior Men & Women remain as Seniors for the rest of the League season if their 35th birthday occurs after match 1.

U20s & Vets are scored as Seniors if their date of birth has not been declared.

Club and Guest runners must be registered as 1st-claim with England Athletics and must run for that club, wearing its colours.

NB. Any gaps in these results will be due to missing DoBs / EA registration numbers

DoBs:	U11	U13	U15	U17	U20	SW	VW	SM	VM
From:	1-Sep-08	1-Sep-06	1-Sep-04	1-Sep-02	1-Sep-99	8-Oct-83	On/before	8-Oct-83	On/before
To:	10-Feb-010	31-Aug-08	31-Aug-06	31-Aug-04	31-Aug-02	31-Aug-99	7-Oct-83	31-Aug-99	7-Oct-83

A very big thank-you to all clubs, officials and helpers who made it possible to stage these XC races, particularly Louth AC who came to the rescue and hosted two league matches & the county championships!

There are four amendments to the awards made on the day:

VetM Chris Cope (BD) & Iain Bailey (SS) are = 1st;

Caroline Stewart (LD) is 3rd SenW (3rd place not announced on the day);

Leanne Warnes (LD) is 3rd VetW instead of Anna Vinter (LW);

Grantham RC is 3rd SenM team, not LWAC.

150 Competitors	2 gh	Grimsby H	5 sr	Sleaford T R
4 b3 Boston Tri	9 gr	Grantham RC	17 ss	Sleaford Str
2 ba Barton	12 ld	Lincoln & D	3 wr	Witham R
6 bd Boston & D.	17 lo	Louth	1 yz	Other Clubs
6 be Bourne TH	19 lw	Lincoln W		
19 bv Beverley	1 ma	Mablethorpe		
2 cl Cleethorpes	10 sc	Scunthorpe &		
10 ga Grantham AC	5 sd	Skegness & D		

17-Feb-19

U11 Girls

1604 m

1 Matilda Carrotte	cl	1	6.11
2 Katie Betts	sc	1	6.27
3 Jessica Frick	bd	1	6.52
4 Chloe Fields	lw	1	7.00
5 Marla Bell	lo	1	7.05
6 Freya West	lw	2	7.17
7 Rosie Richardson	ba		7.29
8 Megan Smith	gh	1	7.41
9 Ella Firth	b3	1	7.42
10 Madeline Banks	ss	1	7.52
11 Lois Pottage	bv	1	7.57
12 Anna Harrison	ss	2	8.24
13 Holly Wilson	cl	2	8.32
14 Harriet Fletcher	bv	2	9.26
15 Phoebe Harrison	ss	3	10.15

U13 Girls

2883 m

1 Louise Hirst	ss	1	12.20
2 Emily Richardson	ba	1	12.26
3 Sophie Timms	ga	1	12.34

4 Natasha McBride

lw 1 12.35

1 Polly Atherton

1 S sr 1 24.06

5 Iris Burnett

sc 1 13.03

2 Paula Downing

1 V ma 1 25.29

6 Jorja Hutchinson

bv 1 13.16

3 Abi Cooper

1 U be 1 25.47

7 Alex Frick

bd 1 13.21

4 Joceline Smith

2 S gr 1 26.14

8 Eve Bradley

gh 1 13.23

5 Kerry Stainton

2 V lo 1 26.24

9 Emily Holloway

bv 2 13.50

6 Eleanor Ball

2 U bv 1 26.28

10 Lara Hindmarsh

ga 2 14.17

7 Ellinor Butterfield

3 V ld 1 26.36

11 Demi Betts

sc 2 14.32

8 Carlissa Daniels

3 U lo 2 26.48

12 Elizabeth Sunman

ss 2 14.58

9 Leanne Warnes

4 V ld 2 26.54

U15 Girls

4484 m

1 Freya Plaskitt

lo 1 19.03

10 Molly Pacey

3 S lw 1 27.08

2 Madison Green

lw 1 20.22

11 Ruth Edison

5 V lo 3 27.48

3 Erin Glover

bv 1 21.10

12 Lisa Hobson

6 V sr 2 28.10

4 Ella-Rose Hobday

ga 1 22.12

13 Lois Tack

7 V ld 3 28.15

U17 Women

5766 m

1 Millie Weaver

sc 1 26.48

14 Nicola Glover

8 V bv 2 28.22

2 Lucy Ellis

sc 2 27.03

15 Amanda Daniels

9 V lo 4 28.24

3 Josie Foster

sc 3 28.24

16 Dayna Arnott

4 S bv 3 28.33

U20/S/V Women

5766 m

17 Caroline Davis

10 V gr 2 28.55

18 Joanna McGrath

11 V ga 1 29.00

19 Kate Hutton

12 V ss 1 29.12

20 Trudy Roberts

13 V lo 5 30.06

21 Kendall Arnott

5 S bv 4 30.14

These results are available on the Internet:
www.lincathletics.com/fixtures.htm

22 Andrea Ward	14 V gr	3	30.16	5 Steven Sheppard	1 S be	1	32.44
23 Caroline Stewart	6 S ld	4	30.26	6 Robert Sim	2 S ld	2	33.00
24 Katy Hockham	15 V sd	1	30.33	7 Lewis Holloway	4 V bv	1	33.30
25 Tracy Sunman	16 V ss	2	30.39	8 George Hatton	2 U ga	2	33.36
26 Rebecca Lee	17 V sd	2	30.57	9 Neil Coney	5 V lw	1	34.03
27 Dawn Bailey	18 V ss	3	31.15	10 Robert Lindsay	6 V wr	1	34.16
28 Liz Cannon	19 V b3	1	31.27	11 Ben Marsters	3 S b3	1	34.45
29 Maureen Runacres	20 V ss	4	32.15	12 Nick Stonehewer	7 V sc	2	35.22
30 Emma Penson	21 V bd	1	32.29	13 Joaquim Jeronimo	8 V gr	1	35.54
31 Jane Cope	22 V lo	6	32.55	14 Ollie Tiainen	9 V bd	2	36.04
32 Karen Moulding	23 V lo	7	35.39	15 Curtis Arnott	4 S bv	2	36.20
33 Jane Winter	24 V sr	3	35.49	16 Peter Bonner	10 V gr	2	36.39
34 Anne Gilroy	25 V lw	2	36.16	17 Martin Waite	11 V wr	2	36.55
35 Justyna Gill	26 V gr	4	37.57	18 Jonathon Dennison	3 U bv	3	36.57
36 Gillian Crow	27 V lo	8	39.15	19 Kevin Wallis	12 V lo	1	37.02
37 Helena Shelton	28 V sd	3	43.48	20 Paul Snowden	13 V lo	2	37.14
Debbie Ellerby	29 V yz		46.18	21 Jonathon Harrison	14 V ss	1	37.20

U11 Boys 1604 m

1 Oliver Cooney	lw	1	5.51	22 Nathan Hart	5 S ld	3	37.30
2 Tyler Morris	lw	2	6.19	23 Peter Wass	15 V lw	2	37.32
3 Joshua Lane	ga	1	6.20	24 Chris Tack	16 V ld	4	37.37
4 Alfie Ryan	bv	1	6.39	25 Ian Bielby	17 V ld	5	37.58
5 Caleb Proudlove	bv	2	6.47	26 Gary Britnell	18 V sr	1	38.31
6 Jack Budgen	bv	3	7.27	27 Jordan Williams	4 U ss	2	38.35
7 James Greenfield	lo	1	8.28	28 Samuel Jepson-Rivers	6 S gr	3	38.43
				29 Thomas Saunders	5 U ss	3	39.17
				30 Oliver Lammiman	7 S bd	3	39.21

U13 Boys 2883 m

1 Cameron West	lw	1	11.22	31 Peter Crow	19 V lo	3	39.31
2 George Rice	bv	1	11.43	32 Simon Young	20 V ld	6	39.36
3 Kieran Davies	sc	1	11.46	33 Alexander Telfer	21 V ss	4	39.50
4 Finnley Picker	lw	2	12.20	34 Andrew Shelton	22 V sd	1	39.55
5 Declan Templeton	lo	1	12.22	35 Phil Galpin	23 V be	2	40.29
6 Sebastien Freeman	bv	2	12.25	36 Ian Coney	24 V ld	7	40.38
7 Thomas Broadley	ga	1	12.45	37 Chris Wood	25 V ld	8	40.39
8 Dylan Lee	lw	3	13.14	38 Paul Davis	26 V gr	4	41.32
9 Oliver Aiken	b3	1	13.14	39 Brian Darrington	27 V sd	2	41.38
10 William Hindmarsh	ga	2	14.29	40 Rob Caven	28 V ss	5	41.58
11 Jack Bowles	lw	4	15.27	41 Martin Morley	29 V lw	3	42.10

U15 Boys 4484 m

1 Max Cheseldine	lw	1	17.56	42 Stephen Banks	30 V ss	6	45.12
2 Alex Galpin	be	1	18.55	43 Jeff Hall	31 V lw	4	45.56
3 Dan Galpin	be	2	19.04	44 Paul Jepson	32 V gr	5	46.02
4 Shane Lee	lw	2	20.12	45 Malcolm Cope	33 V lo	4	46.17
5 Ben Bailey	ss	1	20.57	46 Neil Sergeant	34 V bv	4	46.43
6 Luke Saunders	ss	2	21.22	47 Paul Blissett	8 S wr	3	47.21
				48 Phil McDonald	9 S sr	2	48.11

U17 Men 5766 m

1 Jack Foot	lw	1	20.52
2 Jayden Daniels	lo	1	22.00
3 Rori Rodell	ga	1	22.28
4 Toby Everist	be	1	24.55
5 Aiden Glover	bv	1	26.27
6 Ben Smith	sc	1	29.57

U20/S/V Men 8649 m

1 William Tucker	1 U ga	1	29.44
2 Chris Cope	1 V bd	1	30.29
3 David Hunter	2 V ld	1	31.25
4 Andrew Weaver	3 V sc	1	32.24

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<i>Cat</i>	<i>Club</i>	<i>-1-</i>	<i>-2-</i>	<i>-3-</i>	<i>-4-</i>	<i>Best 3</i>	<i>Cat</i>	<i>Club</i>	<i>-1-</i>	<i>-2-</i>	<i>-3-</i>	<i>-4-</i>	<i>Best 3</i>
U13G	Barton			19			SenM	1 Lincoln & D	25	25	18	31	68
	Scunthorpe & D	27						2 Grantham AC	23	83	31		137
U15G	1 Louth	12	14	12		38		3 Grantham RC	150	55	35	57	147
	Lincoln W		11	11				4 Boston & D.	86	66	53	46	165
U17W	1 Scunthorpe & D		12	15	6	33		5 Lincoln W	26	97	76	73	175
SenW	1 Louth	43	36	34	24	94		6 Beverley	75	77	63	40	178
	2 Lincoln & D	37	39	30	29	96		7 Lincoln & D 'B'	106	63	36	81	180
	3 Sleaford Str	50	40	61	71	151		8 Sleaford Str	58	65	74	77	197
	4 Beverley		54	73	36	163		9 Skegness & D	105	86	137		328
	5 Lincoln & D 'B'	62	69	55		186		10 Louth	121	142		70	333
	6 Grantham RC	87		59	43	189		11 Sleaford Str 'B'	132	120	152	115	367
	7 Sleaford T R	39		104	46	189		Cleethorpes	78	49			
	8 Skegness & D	72	89		87	248		Witham R			96		74
	9 Louth 'B'	125	105		66	296		Grantham RC 'B'		160	91		
	Lincoln W		31	45				Lincoln W 'B'	72		183		
	Sleaford Str 'B'	127		92				Skegness & D 'B'	173	165			
	Skegness & D 'B'	142	123					Sleaford T R	188		175		
	Grantham RC 'B'	142		128				Boston Tri		96			
	Boston Tri		73										
U13B	1 Lincoln W	8	8	6	13	22							
	Lincoln W 'B'	28											
U15B	Sleaford Str		19	26									
	Lincoln W	10											
	Grantham AC			12									

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If two athletes have the same best-3 total, final positions are decided by who beat whom in each match in which they both competed; if still equal, the athlete who competed in more matches; if still equal the award is shared. This does not apply to U11s - they receive medals for completing 3 or 4 races.

Match: -1- -2- -3- -4- Best 3						Match: -1- -2- -3- -4- Best 3					
U11G						SenW					
SC Katie Betts	1		1	2	4	1 SR Polly Atherton	2	1		1	4
CL Matilda Carrotte	4	1	2	1	4	2 LW Molly Pacey		3	2	3	8
BD Jessica Frick	3	2	3	3	8	3 LD Caroline Stewart	4	6		6	16
LO Marla Bell	6	3	5	5	13	4 BV Kendall Arnott		7	5	5	17
GA Lara Hindmarsh	5	4	4		13	VetW					
GA Meriel Sheard	2	5	6		13	1 MA Paula Downing	1	1	1	1	3
LW Chloe Fields	8	7	7	4	18	2 LO Kerry Stainton	2	2	2	2	6
b3 Ella Firth	7	9	9	9	25	3 LD Leanne Warnes	4		4	4	12
GH Megan Smith	9		10	8	27	4 LW Anna Vinter	7	4	6		17
SS Madeline Banks		8	13	10	31	5 SR Lisa Hobson	3		10	6	19
SS Anna Harrison	12	11	15	12	35	6 LD Ellinor Butterfield	9		7	3	19
GA Grace Marshall	11	10	14		35	7 SS Kate Hutton	8	5	9	12	22
CL Holly Wilson	16	13	21	13	42	8 LD Lois Tack	11	6	11	7	24
SS Phoebe Harrison	19	15	23	15	49	9 LO Ruth Edison	6		13	5	24
U13G						10 BV Nicola Glover	10	10	12	8	28
1 SS Louise Hirst	1	1	1	1	3	11 LO Amanda Daniels		8	21	9	38
2 BA Emily Richardson	2	3	3	2	7	12 SS Sarah Tones	12	9	17		38
3 LW Natasha McBride	5	2	4	4	10	13 GR Caroline Davis	13		16	10	39
4 GH Eve Bradley	7	6	5	8	18	14 LD Kristie Holroyd	15	11	14		40
5 LW Erin Barwell	9	5	6		20	15 GA Joanna McGrath	18		23	11	52
6 BV Jorja Hutchinson	6	10	9	6	21	16 SD Katy Hockham	22	16		15	53
7 BA Emma Barker	10	7	8		25	17 b3 Liz Cannon	23	17	20	19	56
8 BV Emily Holloway	8	11	10	9	27	18 GR Andrea Ward		18	24	14	56
9 BD Alex Frick	13	8	12	7	27	19 LD Katrina Harris	19	13	26		58
10 SC Demi Betts	12	12		11	35	20 SS Maureen Runacres		15	27	20	62
11 b3 Frankie Owen	14	13	14		41	21 SS Tracy Sunman	27	22		16	65
U15G						22 LO Jane Cope	28	21		22	71
1 LO Evie Brooks	2	2	1		5	23 BD Emma Penson	26	25	30	21	72
2 LO Freya Plaskitt	3	3	3	1	7	24 LO Karen Moulding	33	27		23	83
3 LW Madison Green		4	4	2	10	25 GH Debi Bradley	29	26	31		86
4 BV Erin Glover	4	8	6	3	13	26 GR Justyna Gill	35		37	26	98
5 GA Ella-Rose Hobday	6		9	4	19	27 SD Helena Shelton	50	30		28	108
U17W											
1 BE Elin James	1	2	2		5						
2 SC Millie Weaver	3	3	4	1	7						
3 SC Lucy Ellis	2	5	5	2	9						
4 SC Josie Foster		6	6	3	15						
U20W											
1 BE Abi Cooper	1	1	1	1	3						
2 BV Eleanor Ball	2	3	4	2	7						
3 LO Carlissa Daniels		4	3	3	10						

U11B

CL George Wilson	1	1	1		3
LW Oliver Cooney	2	2	2	1	5
LW Tyler Morris	4	3	3	2	8
GA Thomas Broadley	3	4	4		11
BV Alfie Ryan	5	6	9	4	15
BV Caleb Proudlove	6	9	11	5	20
SS Alistair Hutton	7	5	8		20
SS Dylan Kemp	9	7	10		26
LO James Greenfield	10		15	7	32

U13B

1 LW Cameron West	2	1	1	1	3
2 LW Henry Samkin	1	2	3		6
3 SC Kieran Davies	3	6	5	3	11
4 GA Jack Pemberton	4	4	4		12
5 LO Declan Templeton	7	3	9	5	15
6 LW Finnley Picker	5	7	7	4	16
7 BV George Rice		8	8	2	18
8 LW Dylan Lee	9		11	8	28
9 BV Sebastien Freeman	11	13	12	6	29
10 GA William Hindmarsh	10	14	13	10	33
11 b3 Oliver Aiken	12	12		9	33

U15B

1 LW Max Cheseldine	5	3	4	1	8
2 SS William Bentley	6	4	5		15
3 LW Shane Lee	8		6	4	18
4 SS Ben Bailey	11	7	10	5	22
5 BA Harry Barker	9	6	8		23
6 CL Joe Carrotte	10	5	9		24
7 SS Luke Saunders		8	11	6	25

U17M

1 LO Jayden Daniels		1	1	2	4
2 LW Jack Foot		3	2	1	6
3 BE Toby Everist	1	4		4	9
4 SC Ben Smith	2	7	4	6	12
5 BV Aiden Glover		6	3	5	14

U20M

1 GA William Tucker	2	1	1	1	3
2 CL Jordan Carlile	1	2	2		5
3 GA George Hatton	3	3	3	2	8
4 BV Jonathon Dennison	5	4	4	3	11
5 SS Jordan Williams	6	5	6	4	15
6 SS Thomas Saunders		6	5	5	16

SenM

1 BE Steven Sheppard	1	2		1	4
2 LD Robert Sim		1	2	2	5
3 b3 Ben Marsters	3	6	5	3	11
4 BV Curtis Arnott	6	7	4	4	14
5 LD Nathan Hart	8		8	5	21

6 BD Oliver Lammiman	7	10	9	7	23
7 GR Samuel Jepson-Riv	9	11	11	6	26
8 WR Paul Blissett	10		12	8	30

VetM

=1 BD Chris Cope		1	2	1	4
=1 SS Iain Bailey	1	2	1		4
3 LD David Hunter	3	3	4	2	8
4 BV Lewis Holloway	5	9	6	4	15
5 LD Andrew Powell	4	6	7		17
6 WR Martin Waite	6	8		11	25
7 LW Neil Coney		12	8	5	25
8 SC Nick Stonehewer	13	14	17	7	34
9 GR Peter Bonner	20	13	12	10	35
10 BA Karl Barker	16	16	14		46
11 BD Ollie Tiainen	23		18	9	50
12 LO Kevin Wallis	19	19		12	50
13 LD Ian Bielby	26	21	16	17	54
14 SD Jason Stainton	17	17	21		55
15 LD Chris Tack	22	20	22	16	58
16 SS Jonathon Harrison	30	24	20	14	58
17 LD Ian Coney	27	22	19	24	65
18 LW Peter Wass	28		26	15	69
19 SS Dave Burton	24	23	29		76
20 SS Alexander Telfer	32	25	32	21	78
21 SR Gary Britnell	39	27	35	18	80
22 SS Mark Page	14	18	49		81
23 SD Andrew Shelton	38	30		22	90
24 LD Daniel Farmer	35	31	27		93
25 LD Simon Young	42		36	20	98
26 GR Paul Davis	41	37	38	26	101
27 LD Chris Wood	43	35		25	103
28 SS Rob Caven	51	41	39	28	108
29 SD Brian Darrington	46	39		27	112
30 SS Stephen Banks		46	55	30	131
31 LW Jeff Hall	66	52	60	31	143
32 LW Martin Morley	61		58	29	148
33 LO Eddie Enright	56	43	50		149
34 BV Neil Sergeant		55	63	34	152
35 SS Shaun Stafford	65	50	62		177
36 GA Dave Eldridge	67	54	64		185
37 SS Phillipe Leroy	68	53	65		186
38 CL Jimmy Dutch	69	56	66		191