

Lincolnshire XC League
4 February 2023
Stroxton Road, off Gorse Lane (NG33 5DA)

What3Words - [grinders.apples.invite](https://www.what3words.com/grinders-apples-invite)

10.30 am U11 Boys and Girls
Route: U11s Start, A1, A2 and onto A5
Distance: 2,115m

10.40 am U20 Men and Men (Senior and Vet)
Route: 2 Medium Laps – A1, A2, A3, A1, A2, A3
and 1 Large Lap – A1, A2, A3, A4, A5
Distance: 8,640m

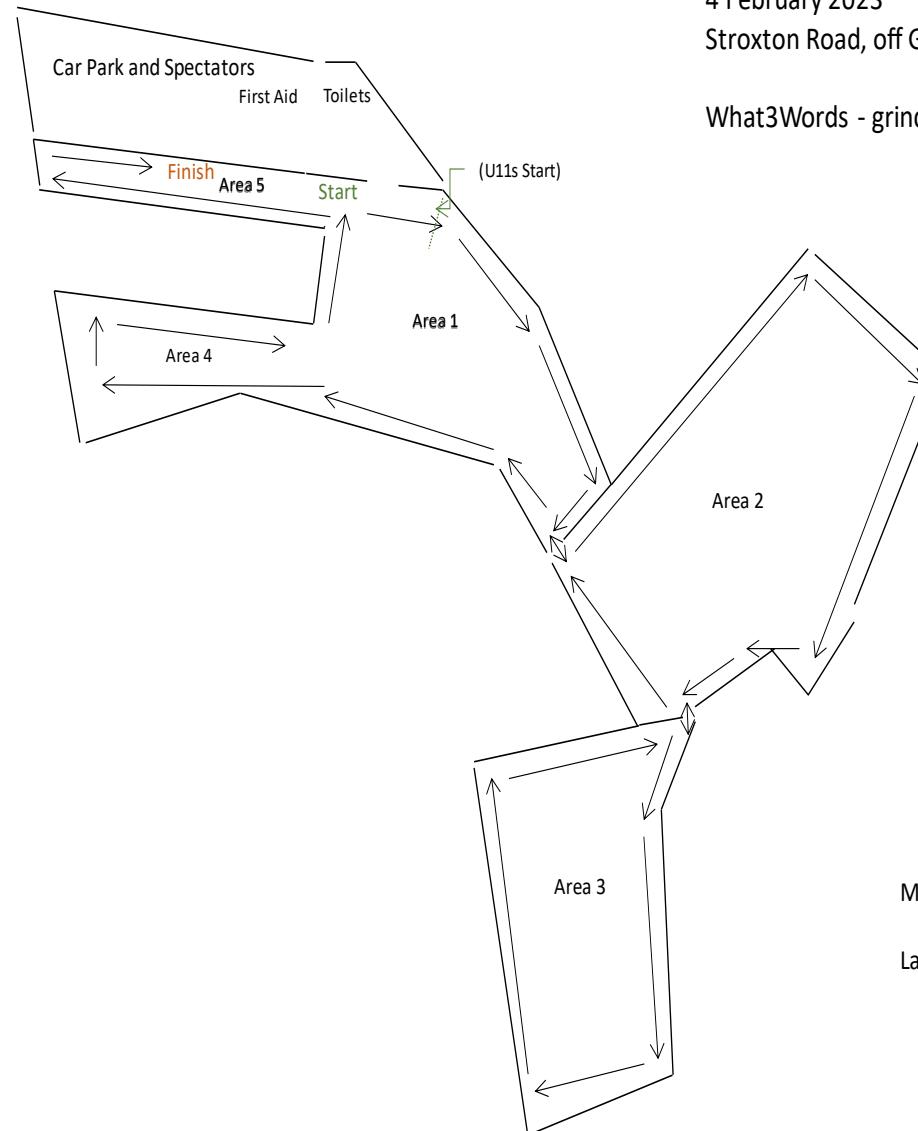
10.45 am U13 Boys
Route: 1 large Lap - A1, A2, A3, A4, A5
Distance: 3,500m

10.50 am U13 Girls
Route: 1 Large Lap - A1, A2, A3, A4, A5
Distance: 3,500m

11.15 am U15 Boys
Route: 1 extended Large Lap - A1, A2, A3 +A3,
A4, A5
Distance: 4,300m

11.20 am U15 Girls
Route: 1 extended Large Lap - A1, A2, A3 +A3,
A4, A5
Distance: 4,300m

11.35 am U17 Men & Women, U20 Women and
Women (Senior & Vet)
Route: 1 Medium Lap - A1, A2, A3 and 1 Large
Lap - A1, A2, A3, A4, A5
Distance: 6,070m



Medium Lap = A1, A2, A3

Large Lap = A1, A2, A3, A4, A5